

## Serpent Times

newsletter for  
Southeastern Aquatics  
Racine Family YMCA Swim TEAM  
est. 1984



### TEAM SEA's Mission:

*To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.*

July 6, 2022

### Neil's Notes

We will be heading to Kentucky Thursday (tomorrow). For those wondering, practices will continue to be offered.

Now is the time to sign-up to race in Regionals (July 15-17 @ RecPlex) and Conference Champs (July 26 @ Lake Geneva YMCA). Both meets are open to all athletes (for Regionals, swimmers can only race in events they currently do not have a State qualifying time in; 13-14 swimmers can race in Senior events if they don't have the Senior qualifying time). Deadline to sign-up for Regionals is July 9<sup>th</sup> and Conference Champs is July 19<sup>th</sup>. Take advantage of these great opportunities!

Both 12&U and 13&O WI LSC State meets will be held in Brown Deer this summer.

Here are the dates we will not be conducting practice for the remainder of the season: July 15-16 (attending Regionals; there will be an AM Senior practice on July 15). The final practice day the Summer Season is Wednesday, July 27.

I can be reached at 262.994.3157 or [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com). Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is – find us at Instagram (seaswimteam), Facebook (SEA Swim Team – this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

### Lakeside Invite Meet Information

This Thursday through Saturday we'll be racing in Kentucky (2010 Trevilian Way, Louisville, KY 40205).

Thursday warm-ups begin at 3:30 PM, meet begins at 4:30 PM, and is scheduled to end at 6:50 PM.

Friday and Saturday AM warm-ups (13&O) begin at 7:00 AM, meet begins at 8:00 AM and is scheduled to end at 11:27 AM Saturday and 10:56 AM Sunday.

Friday PM warm-ups (12&U) begin at 11:45 AM, meet begins at 12:45 PM, and is scheduled to end at 3:51 PM.

Saturday PM warm-ups (12&U) begin at 11:15 AM, meet begins at 12:15 PM, and is scheduled to end at 3:03 PM.

Please don't forget Louisville is in the Eastern Time Zone.

Parking will be residential in nature (there's no parking lot associated with this facility ... please give yourself some extra time for the walk in).

Don't forget your sunscreen!

Drive safe, swim fast, have fun!

### Upcoming Meets

Date	Meet	Entry Deadline
July 7-9	Lakeside Invite	Closed
July 14-17	Speedo Sectionals	Closed
July 15-16	WI LSC Regionals	7/9
July 22-24	12&U State	TBA
July 26	Conference Champs	7/19
July 28-31	13&O State	TBA
Aug 1-5	Junior Nationals	7/31
Aug 4-7	14&U Central Zones	7/31

### Team Picture Scheduled

The annual team picture will be held on Monday, July 18 at the Racine Aquatic Center.

All swimmers should arrive at 5:00 PM and will have their individual picture taken for the composite team picture.

After the individual picture, athletes can take their individual picture (or sibling pics).

Bronze and Silver will have a shortened practice this evening. Gold and Senior will train at their normal practice times.

Order forms will be available on the night of the event and pictures will be mailed directly to your home.

### SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift

cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage ([www.sea-y.org/scrip](http://www.sea-y.org/scrip)) - you can also read about PrestoPay on that page too.

Your order can be placed at [www.shopwithscrip.com](http://www.shopwithscrip.com) by use the SEA enrollment cord (please email Coach Neil at [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com) for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

#### Order Dates for Spring & Summer

Order By	Delivery On
October 9	October 13-14
November 6	November 10-11
December 4	December 8-9
January 8	January 12-13
February 5	February 9-10
March 5	March 9-10

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com).

#### TEAM SEA Amazon Smile

TEAM SEA has had an Amazon Smile account for many years, but it has been a while since we have reached out to families for support.

If you would like to support TEAM SEA via purchases when ordering from Amazon Smile please go to <https://smile.amazon.com/ch/39-1580537>. Once there, please click on the Start Shopping button to support TEAM SEA. Thank you for helping one of Racine's Hidden Gems.

#### Off-Season Training (OST)

OST will be offered between the end of the Spring & Summer and the beginning of the Fall & Winter Season.

OST is an opportunity for our athletes to "bridge the gap" between seasons. It allows

them to keep a feel for the water during the off-season and gives them an opportunity to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for five weeks (Monday-Wednesday, August 1-August 31) and will be led by Coach Joanna.

Gold and Senior will swim 7:00-8:30 AM and Silver and Bronze will swim 8:30-9:30 AM with each week covering starts, breakouts, turns, and finishes for one stroke.

The cost for Gold & Senior is \$150 for all five weeks or \$30 per week.

The cost for Bronze & Silver is \$100 for all five weeks or \$20 per week.

To sign-up simply email Coach Neil and forward payment to Coach Joanna (cash/check payable to SEA) when you attend the first practice.

Take advantage!

#### July Birthdays

Hugo Arteaga, Natalia Badillo, Arev Buchaklian, Ciara Fahy, Julie Horton, Luiza Jaime, Madhura Patil, Evan Steenrod, Matthew Thornton, Rhegan Weidner.

#### Extended Calendar

##### July

7-9 Lakeside Invite in Kentucky  
14-17 Speedo Sectionals  
15-17 Regionals  
15-16 No practice (Seniors do have AM practice)  
22-23 12&U State  
26 Conference Champs meet  
28-31 13&O State

##### August

1-5 Speedo Junior Championships  
1-31 OST  
4-7 14&U Zones  
9 WIAA girls swim begins  
22 Fall & Winter Registration opens

##### September

19 New swimmer tryouts  
20 Fall & Winter Season begins

##### October

14-16 OZ Swim Your Own Age meet

##### November

5 WIAA girls Sectionals  
6 SEA Pentathlon meet  
12 WIAA Girls State  
13 Conference Meet  
13 SSTY Invite (only for Y-Nat swimmers)  
14 WIAA boys swim begins  
18-20 HPAC Invite

24-25 No practice, Happy Thanksgiving

December

2-4 Y-Finalist

10-11 Single Age State

11 Conference Meet

**F.A.Q.**

---

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
  - a. Coach Neil
  - b. \$17 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
  - a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
  - a. Bronze and Silver = 2-3
  - b. Gold = 4-5
  - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

***Caring \* Honesty  
Respect \* Responsibility  
Build \* Promote \* Achieve***