

Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

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TEAM SEA's Mission:

To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.

July 7, 2021

Head Coach Notes

Hope everyone enjoyed the long 4th of July weekend. Our Senior swimmers looked sharp Tuesday morning even after the long weekend!

A few reminders of some importance – Senior PM practices will be held at Sealed Air on Thursday (7:30-9:30 PM) and Friday (7:00-9:00 PM) this week (July 8-9), no Saturday practice (July 10) this week, entries for Regionals close July 11 (email me if you would like your swimmer(s) entered), our team picture is scheduled for Monday, July 12 at Sealed Air YMCA, 5:00 PM, and the final day of practice for the Summer Season will happen on July 28.

The Spring Season ended June 27. If you are interested in training the rest of this month, please be sure to stop by the Welcome Center Desk and sign-up.

Please, make sure you are reading the information in this newsletter closely! If you are confused about anything, please contact me right away so we can figure things out. Thanks!

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is – find us at Instagram (seaswimteam), Facebook (SEA Swim Team – this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

Katie's Kickboard

Hello again,

These last few weeks seem to be flying by, it's already July! We have another Conference meet coming up July 10th. This meet is short course, low key, and only a few hours long. I highly recommend this meet to any athlete.

Silver and Bronze have been working together this summer and we are doing great! Yesterday we practiced our summersaults and flip turns. I'm surprised they weren't too dizzy.

Gold's were pooped after playing tag for dryland. Tag is serious stuff these days! They've been enjoying their dryland outside this summer, soaking up the sun shine.

Don't forget to sign up for the regional meet later this month! Email Coach Neil or I with your interest or any questions.

Speedo Sectionals Meet Information

We will be racing close to home during Speedo Sectionals this summer (RecPlex). This is a Prelim/Final meet with the top 30 swimmers moving on to Finals. Athletes racing in Finals should check with Neil on what time to return for Final's warm-up.

Thursday Prelims: Ethan, Joe, Hugo warm-up at 7:30 AM, Mac, Zoe, Natalia, Megan warm-up at 8:00 AM; competition begins at 9:00 AM and is scheduled to end at 10:00 AM.

Friday Prelims: Megan warm-up at 7:30 AM, Ethan warm-up at 8:00 AM, Mac, Natalia, Sofia, Joe, Hugo, warm-up at 8:15 AM; competition begins at 9:00 AM and is scheduled to end at 11:50 AM.

Saturday Prelims: Sofia warm-up at 7:30 AM, Mac, Zoe, Natalia, Megan, Joe, Hugo warm-up at 8:15 AM; competition begins at 9:00 AM and is scheduled to end at 11:55 AM.

Sunday Prelims: all athlete's warm-up at 8:15 AM; competition begins at 9:00 AM and is scheduled to end at 10:42 AM.

All athletes must wear a mask while at the venue. Please be sure to complete the electronic waiver.

Drive safe, swim fast, have fun!

Conference Meet Information

The final Conference meet of the season will take place at Lake Geneva YMCA (204 Wells Street) with warm-ups beginning at 12:30 PM and competition getting underway at 1:30 PM.

Drive safe, swim fast, have fun!

Upcoming Meets

<i>Date</i>	<i>Meet</i>	<i>Entry Deadline</i>
July 8-11	Speedo Sectionals	Closed
July 10	Conference Meet	Closed
July 16-19	Regionals	July 11
July 23-25	12&U State	July 18
July 29-1	13&O State	July 19
August 5-8	14&U Central Zones	TBA

Summer Sizzler Highlights and Recap

Great job hosting and racing in our Summer Sizzler a few weeks ago. Congratulations to all swimmers and parents for stepping up and hosting/racing in a great event.

Our athletes posted a healthy 59% best time percentage (85 of 143 splashes).

Jack Borzynski (13-14 100 Freestyle) and Mac Thomas (Senior 50 Freestyle) achieved State qualifying times!

Notching some of the fastest times in our team's history were Mac Thomas (3rd Senior 50 Freestyle, 8th Senior 100 Backstroke, 5th 15-16 100 Breaststroke), Sofia Badillo (9th Senior 200 Backstroke), Jordan Borzynski (4th 8&U 50 Freestyle, 3rd 8&U 100 Freestyle, 2nd 8&U 50 Backstroke, 7th 8&U 50 Breaststroke, 2nd 8&U 50 Butterfly), and Zack Kopsea (10th Senior 100 Breaststroke).

Posting 100% best times were Logan Buska, Allyce Fellion, Sarina Foster, Sophia Pettey, and Rhegan Weidner.

Cutting five or more seconds from a single event included Alessandra Arteaga -6.00 100 Butterfly, Rylie Bergemann -34.24 400 IM, Jack Borzynski -9.17 400 IM, Jordan Borzynski -5.91 100 Freestyle, Nathaniel Foster -10.01 100 Breaststroke, Sarina Foster -7.60 50 Backstroke, Andy Krug -15.39 400 IM, Fiona Marini -21.35 100 Backstroke, Sophia Marini -8.73 100 Backstroke, Morgan Pankow -14.38 50 Butterfly, Sophia Pettey -32.98 100 Freestyle, Mac Thomas -9.10 200 IM, and Jordyn Tran -9.83 200 IM.

Congratulations to these athletes on racing in their first ever 50-meter meet: Logan Buska, Allyce Fellion, and Rhegan Weidner.

Great job swimmers!

WGLO Invite Highlights and Recap

TEAM SEA was pretty hot during this summer's WGLO Invite posting no DQs and 46% best times (13 of 28 swims). Many swims were just tenths of our PRs and many were season best efforts.

Hugo Arteaga was on a mission breaking five 13-14 team records! He broke

Jacob Trask's 2016 200 IM record of 2:21.19 with an effort of 2:19.73; broke his own 100 Backstroke record of 1:04.18 with a swim of 1:03.43; crushed his 100 Butterfly record of 1:00.32 with a 57.77; slipped under his 50 Freestyle record of 24.57 with a swim of 24.56; and broke Nathan Mudry's 400 Freestyle record of 4:28.66 from 2018 with an effort of 4:27.10.

These swimmers posted some of the fastest times in our team's history: Hugo Arteaga (6th Senior 200 IM, 4th Senior 100 Backstroke, 3rd Senior 100 Butterfly, 3rd Senior 50 Freestyle and 4th Senior 400 Freestyle), Ethan Bergman (8th 17-18 100 Backstroke, 7th 17-18 400 Freestyle), Megan Schultz (4th Senior 200 IM, 6th Senior 200 Freestyle, 3rd Senior 400 IM), and Joe Skantz (8th Senior 100 Freestyle).

Joe Skantz notched 100% best times during the meet!

Cutting five or more seconds in a single event were Hugo Arteaga -25.72 400 Freestyle and Joe Skantz -13.75 200 IM.

Great swimming athletes!

Annual TEAM SEA Picture

This year's team picture will take place at Sealed Air YMCA, beginning at 5:00 PM on Monday, July 12th. We hope to SEA everyone there (even if you are not currently swimming this summer).

Please note, Bronze and Silver will train with any time remaining after the picture is finished. Seniors will train 7-9 PM this day (for their PM practice).

Off-Season Training Available in August

Off-Season Training will be offered at the SCJ outdoor pool August 2-31.

Senior & Gold will train 7:00-8:30 AM and Silver and Bronze will train 8:30-9:30 AM.

Practices will be held on Monday, Tuesday, and Thursday.

This is a great opportunity to "keep a feel for the water," learn new skills, polish old skills, and keep a bit of an aerobic base during the off season.

Senior & Gold fee is \$150 and Silver & Bronze fee is \$100. Check payable to SEA. Forward payment to a coach on the first day you attend.

Take advantage!

Annual TEAM SEA Banquet

Our annual TEAM SEA Banquet is scheduled for Monday, August 16. The date has not yet been officially locked in, so watch for updates.

This event will be held at the Franksville Beer Garden (same place as last summer).

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Katie at coachkatiejames@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Fall & Winter

<i>Order By</i>	<i>Delivery On</i>
July 18	July 22-23

If you have any questions or need help, please reach out to Coach Katie at 262.822.2966 or at coachkatiejames@gmail.com.

July Birthdays

Hugo Arteaga, Natalia Badillo, Arev Buchaklian, Luiza Jaime, Austin Lentz, Madura Patil, Elizabeth Smith, Evan Steenrod, Elizabeth Stratman, Matthew Thornton and Rhegan Weidner.

Extended Calendar

July

- 8-11 Speedo Sectionals
- 10 Conference Meet
- 12 TEAM SEA picture, Sealed Air, 5:00 PM
- 16-19 Regionals
- 23-25 12&U State
- 28 Final practice of the Summer Season
- 29-1 13&O State

August

- 10 High school girls swimming begins
- 16 Annual TEAM SEA Banquet (tentative date)
- 5-8 14&U Central Zones

September

- 13 Registration opens for Fall & Winter
- 20 Tryouts for new swimmers
- 21 Fall & Winter Season begins

Did You Know?

When you introduce new swimmers to TEAM SEA and they join, your escrow account is credited \$50. Take advantage!

***Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve***