

Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

est. 1984



TEAM SEA's Mission:

To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.

September 23, 2021

Head Coach Notes

Welcome back families! We missed you!! It's great to be back in the water working together again!!!

Believe it or not this is our 37th season (although our team's footprint reaches way back to the mid-1900s).

We had 14 swimmers attend tryouts and all of them slotted into either the Bronze or Silver training group. With that being said, the Silver training group is large. Coach Katie and I have discussed our contingency plans for Silver, but nothing will be announced until after the tryout out period ends for our tryout athletes (Friday, October 1). Once we have a firm grasp of our numbers in Silver (probably mid-week of October 4), we'll be able to make a wise decision on any changes that need to take place.

In addition, the 5:00-6:00 PM practice slot (Bronze and Silver) is busy with our training groups, YMCA swim lessons, and PSC swim team (Prairie & St. Cats high school swim team). More than likely, we will have to be creative in our coaching approach and will review starts, turns, relay exchanges, and finishes more often than not ... which is not the worst thing since those skills help our athletes post best times and win the close races when everything else is equal (however, yesterday was extremely manageable).

Please note, practice will not be held this Friday, September 24.

As the progress through the season, please be sure to reach out to Katie or I if you need help with anything swim team related. We are here for our athletes and parents equally.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

Katie's Kickboard

Hello again,

We are so happy to see both new and old faces on the pool deck for this fall/winter season. This season we will have to be flexible with the limited lane space that we are given. Good news, There are plenty of ways us coaches can maximize the space we have. We will be focusing a lot on the fundamentals of racing starts, turns, and many other small aspects of the sport.

Gold's will change it up this season, with dryland on Monday, Wednesday, and Fridays. Please make sure your athletes wear tennis shoes and proper clothing. I would also like to stress the importance of hydration while training, I highly recommend every athlete brings a water bottle or sports drink to practice every day. These first few weeks will be focused on drills and reconditioning.

Don't forget to check the meet schedule on our website for upcoming meets. Email Coach Neil or I with questions or intentions on upcoming meets. Coachkatiejames@gmail.com

13&O State Recap & Highlights

TEAM SEA finished the 2021 Spring & Summer long course season in fine fashion placing second overall in D3 (423 points) for the Wisconsin 13 and Over LCM State Championships. Overall, SEA finished 15th all of Wisconsin teams.

We were paced by our relays and top ten finishes by Megan Schultz, Hugo Arteaga, Natalia Badillo and Mac Thomas.

The boys 800 Freestyle Relay of Hugo Arteaga, Ethan Bergman, Zack Kopsea, and Joe Skantz along with Megan Schultz in the 200 Breaststroke turned in the team's top finishes taking third in both events.

As a team, we finished with 58% best times (34/59) individually while the relays notched 80% best times (8/10).

Six team records were broken during the four-day meet:

1) Senior 200 Medley Relay, Sofia Badillo, Megan Schultz, Natalia Badillo, Mac Thomas finished in 2:03.28 and broke Maren Hoferitza, Caitlin Mertins, Emily Bollendorf, Eden Wember and Sofia Badillo, Megan Schultz, Natalia Badillo, Claire Keeker's team record from 2015 and 2021 of 2:06.83

2) 15-16 50 Freestyle, Hugo Arteaga finished in 24.50; broke Brian Michalowski's 1992 mark of 25.02

3) 15-16 100 Freestyle, Hugo Arteaga finished in 53.95; broke Brian Michalowski's 1992 mark of 53.98

4) 15-16 100 Butterfly, Hugo Arteaga finished in 58.36; broke Brian Michalowski's 1992 mark of 58.41

5) Senior 200 Freestyle Relay, Hugo Arteaga, Joe Skantz, Ethan Bergman, Charley Halstead finished in 1:39.90 and broke Matt Mahoney, Andy Gelden, Chuck Allison, and Mitch Buenger's 2006 mark of 1:40.93.

6) Senior 400 Freestyle Relay, Hugo Arteaga, Joe Skantz, Ethan Bergman, Charley Halstead finished in 3:41.90 and broke Matt Mahoney, Andy Gelden, Adam Lewno, and Josh Griffey's 2006 mark of 3:43.16

Sofia Badillo and Zack Kopsea notched 100% best times in all of their events.

Upcoming Meets

<i>Date</i>	<i>Meet</i>	<i>Entry Deadline</i>
Oct. 15-17	OZ	TBA
Oct. 24	NBSC	TBA
Nov. 7	SEA Penthalon	TBA
Nov. 13	Conference Meet	TBA
Nov. 14	SSTY Fall Invite	TBA
Nov. 19-21	STAT/WAUN	TBA
Dec. 3-5	Y-Finalist	TBA
Dec. 11-12	12&U State	TBA
Dec. 12	Conference Meet	TBA

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Katie at coachkatiejames@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Fall & Winter

<i>Order By</i>	<i>Delivery On</i>
September 26	September 30
October 24	October 29
November 14	November 19
December 5	December 10
December 12	December 17
January 23	January 28
February 20	February 25
March 13	March 18

If you have any questions or need help, please reach out to Coach Katie at 262.822.2966 or at coachkatiejames@gmail.com.

September Birthdays

Zoe D'Alessandro, Lindsey Hohnl, Claire Keeker, Yash Patil, Adam Ries, Anthony Rosplock, Joe Skantz

Extended Calendar

September
24 No practice

*Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve*