

## Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

est. 1984



### TEAM SEA's Mission:

*To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.*

December 18, 2020

### Head Coach Notes

Practices have been amazing this season! We are so blessed to have the Sealed Air YMCA pool to train in and we extremely grateful for the meets we have been able to attend to date. While we continue to use safe practice habits, Katie and I are beginning to feel a little bit of relief in regards to the great state of Wisconsin remaining open (fingers and toes crossed ... hard). We do not take our pool time for granted however, as I spoke with a SEA alumna this evening (she lives in Oregon) and her community is on complete lock down (no pools open). She's actually thinking about sending her daughter to Wisconsin for a month to stay with Grandma and Grandpa to get some training in. Crazy times.

I have been slowly adding to our meet schedule as the WI LSC continues to implement a flex meet scheduling process. Just last night I got word that SSTY will be hosting their A+ event the first weekend of February 2021. This is a great event that usually offers a lot of fast competition. The meet information should be out soon ... be sure to check if you qualify and plan on attending if you do (Prelim/Finals for 13&O ... we haven't had a Prelim/Final meet since 13&O State back in March).

Speaking of meets, it's time to sign-up to attend our Penguin Challenge meet (January 16-17, in Brown Deer). Email me if you would like your swimmers entered in the meet!

We also got word that we will be able to host our long course Early Bird and Pirate Plunge meets next May and June!

**Here is the practice schedule during RUSD's Christmas Break ...**

**December 23, 28, 29, and 30.**

**Senior, 1:30-3:30 PM**

**Bronze & Silver, 3:30-4:30 PM**

**Gold, 4:30-6:15 PM**

**No practice on December 24, 25, 31, and January 1.**

This will be the final "official" newsletter of 2020. The coaching staff wishes all members of TEAM SEA a safe and happy holiday SEASON! Please, please, please attend as many practices as you can during the break!

We are in the need of parents to step forward to help behind the scenes here at TEAM SEA. Currently, we are looking for some help with SCRIP. If you think you would be a good fit to help out behind the scenes, please reach out to me.

I can be reached at 262.994.3157 or [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com). Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

### Katie's Kickboard

Hello again,

We are in the final week before Christmas, I'm putting final touches on decorations and getting last minute gifts wrapped. As we head into the holiday season, keep your eyes peeled for practice updates and meet deadlines.

I am so thankful we have been able to keep some normalcy with practice and competition. It is also so great to see Coach Alyssa back on deck helping out, the kids sure did miss her and I know she felt the same. Ps. She also got married this past weekend, Congratulations Mr & Mrs Hall!!!

Bronze and Silvers, I miss you, thank you for being so flexible and adapting to the ever-changing world around us. I have about a month and a half remaining of the Oak Creek Boys season then I'll be back on deck with you guys.

Gold's, we are in that crazy holiday season and our minds are busy thinking about gifts, family, and delicious food. Finding and maintaining the balance of work and play is our goal. I have reformatted my workouts, to better suit the limited space, and varying levels of ability. I, too, am still learning the best way to balance things.

We have 3 meets coming up in January, check out the meet information page on our website for more information and entry deadlines. Email Neil or I with your intentions on attending any of these meets or with questions, [coachkatiejames@gmail.com](mailto:coachkatiejames@gmail.com)

### Speedo Performance Meet Information

This Saturday and Sunday evenings a handful of our senior swimmers will be racing in Brown Deer during the Speedo Performance meet.

As usual, we will have assigned warm-ups and seating during the event. **Please don't forget to forward your waiver to Coach Neil.**

Warm-ups (4:00-4:25 PM) both days. Please don't enter the building until 3:45 PM. There are additional warm-up times available 4:30-4:55 PM. The meet begins at 5:00 PM both days and is scheduled to end at 7:01 PM on Saturday and 7:24 PM on Sunday.

We will be sitting on two of the mental bleachers on the west side of the pool.

Drive safe, swim fast, have fun!

### Conference Meet Information

This Sunday we travel back to Lake Geneva YMCA for another installment of our Conference meet. The pool is located at 203 Wells Street in Lake Geneva. **Please don't forget to submit the electronic waiver for this event - find it along with the heat sheet and timeline linked on the homepage of our website.**

Swimmers will be housed in one of two gyms in the facility. It is VERY COLD in the gyms. Swimmers should bring warm clothes to wear in between their events and even blankets (a chair to sit on too).

Parents will be able to enter the building to watch their swimmers' race (one heat at a time ... just like last time). The live link (to view the meet) and a Google Doc link (to see what event is in the water and up next) will be posted on our Facebook pages tomorrow).

Here are the warm-up assignments:

8:00-8:30 AM in lane 6

Rylie, Callie, Arev, Madi, Macie, Andy

8:30-9:00 AM in lane 6

Sophie, Ava, Evelyn, Jordyn, Caleb, Jack, Brady

9:00-9:20 AM in lane 6

Marlie, Savannah, Sydney, Rhegan, Jordan, Max

The meet will begin at 9:30 AM and is scheduled to end at 12:16 PM (please note the meet may run faster or slower depending on how the meet flows).

Drive safe, swim fast, have fun!

### 12&U State Recap & Highlights

We had a nice showing during the 12&U State meet last weekend. TEAM SEA posted 57% best times (8 of 14), had three DQs (Freestyle, Butterfly, IM), and finished 17<sup>th</sup> overall with 108 points.

Ava Rydzewski achieved new State qualifying times in the 50 Backstroke and 100 Freestyle and Nicholas Foster notched one in the 50 Breaststroke.

Nicholas also posted all best times and dropped 6.75 in the 100 Breaststroke.

Silver medalist: Jordan Borzynski 25 Freestyle

Bronze medalist: Nicholas Foster 50 Breaststroke

Great job swimmers!

### Upcoming Meets

<i>Date</i>	<i>Meet</i>	<i>Entry Deadline</i>
Dec. 19-20	Speedo Long Course	Closed
Dec. 20	Conference Meet	Closed
Jan. 10	Conference Meet	Jan. 2
Jan. 16-17	Penguin Challenge	Jan. 10
Jan. 31	Dual w/NBSC	TBA
Feb. 5-7	A+ (Prelim/Final)	TBA
Feb. 7	Conference Meet	TBA
Feb. 13-14	February Freeze	TBA

### SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage ([www.sea-](http://www.sea-)

[y.org/scrip](#)) - you can also read about PrestoPay on that page too.

Your order can be placed at [www.shopwithscrip.com](http://www.shopwithscrip.com) by use the SEA enrollment cord (please email Julie Kopsea at [jkopsea@yahoo.com](mailto:jkopsea@yahoo.com) for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

#### **Order Dates for Fall & Winter**

<i>Order By</i>	<i>Delivery On</i>
January 3	January 4-5
January 17	January 18-19
January 31	February 1-2

If you have any questions or need help, please reach out to Julie Kopsea at 414.530.5399 or at [jkopsea@yahoo.com](mailto:jkopsea@yahoo.com).

#### **December Birthdays**

Savannah Allison, Alessandra Arteaga, Caleb Bergman, Ethan Bergman, Logan Buska, Hannah Daams, Nathaniel Foster, Marlie Haas-Uebe, Mac Thomas, and Ava Kerbawy.

#### **Extended Calendar**

##### December

19-20 Speedo Long Course  
20 Conference meet  
24-25 No practice  
31 No practice

##### January

1 No practice  
10 Conference meet  
16-17 SEA Penguin Meet  
31 Dual w/NBSC

##### February

5-7 A+ meet (qualifying times)  
7 Conference meet  
13-14 February Freeze

#### **Did You Know?**

When you introduce new swimmers to TEAM SEA and they join, your escrow account is credited \$50. Take advantage!

***Caring \* Honesty  
Respect \* Responsibility  
Build \* Promote \* Achieve***