

## Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

est. 1984



### **TEAM SEA's Mission:**

*To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.*

July 12, 2023

### **Neil's Notes**

We are officially "in the thick of it" now. We were in Kentucky last weekend and will be heading to Iowa today for Speedo Sectionals and will also be racing in Regionals this weekend too.

You can still sign-up to have your swimmer attend Conference Champs (will be held in Lake Geneva on Tuesday, July 25). This is a very fun meet ... take advantage!

Our annual banquet is scheduled for Thursday, August 10 at Infusino's Banquet Hall in Racine. More information will be emailed soon and all swimmers who were on the team in the Fall & Winter and this Spring & Summer are welcome to attend!!

Our annual team picture is scheduled for Tuesday, July 18 at the Racine Aquatic Center. All swimmers who were on the team last Fall & Winter and currently on the team are encourage to be there. Pictures begin at 5:00 PM.

Please ensure your swimmers YMCA membership is current. Stop by the Image Management Family YMCA (8501 Campus Drive) Welcome Center Desk to sign-up if you have not done so or call 262.634.1994. Thank you.

This summer our YMCA is not running the SCJ Community pool and all Senior swimmers planning on attending morning practices will have to purchase a season pass (\$19 for Racine County residents, \$29 otherwise). Season passes can be purchased online at the Racine County website or in person at the facility. Morning practices are scheduled to begin Monday, June 12.

If you have a Facebook account, please considering joining TEAM SEA. We use Facebook to send out reminders and post pics from the meets and events we attend. Joining will help you stay in the loop with all things TEAM SEA related.

I can be reached at 262.994.3157 or [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com). Please

contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam) and Facebook (SEA Swim Team - this page is set to private and you'll need to request to join).

### **Speedo Sectionals Meet Information**

We will be racing in Des Moines, Iowa Thursday-Sunday this week during Speedo Sectionals. Coach Neil will be attending the meet and will be off deck for practices (Tuesday PM through Monday AM). Coach Parker will be covering Senior practices and coaches Kelli/Parker/Charlie will be helping out with our Silver athletes.

Safe travels to the six families attending the meet and good luck to our athletes!

### **Regional Meet Information**

Friday through Sunday we'll be racing at the RecPlex in Pleasant Prairie. Coach Joanna will be on deck Friday and Saturday while Coach Parker will be there Sunday.

Friday warm-ups begin at 4:00 PM, meet begins at 5:05 PM and is scheduled to end at 6:12 PM.

Saturday AM (12&U) warm-ups are assigned and in lane 8, 7:30-8:00 AM, meet begins at 8:35 AM and is scheduled to end at 10:56 AM.

Saturday PM (13&O) warm-ups are assigned and in lane 10 beginning at 11:13 AM, meet begins at 12:30 PM and is scheduled to end at 4:48 PM.

Sunday AM (12&O) warm-ups are assigned and in lane 10, 8:00-8:30 AM, meet begins at 8:35 AM and is scheduled to end at 10:32 AM.

Sunday PM (13&O) warm-ups are assigned and in lane 7 beginning at 11:30 AM, meet begins at 12:05 PM and is scheduled to end at 4:45 PM.

## Lakeside Invite Recap & Highlights

It was hot and fun at last weekend's Kentucky Invite. As a team we finished with 36% best times (16 of 44 swims) and only one DQ (Butterfly).

Jack Borzynski won the 400 IM in a new PR.

Jordan Borzynski had two top three finishes and a new PR in the 100 Breaststroke.

Nathan Breit PRed in four events dropping 11.95-seconds in the 400IM.

Lindsey Hohnl PRed in her specialty events, 100 & 200 Breaststrokes.

Ellie Olson PRed in four of her seven events dropping 6.75-seconds in the 100 Backstroke.

Evan Olson PRed in four of his seven events dropping 6.91-seconds in the 100 Backstroke.

Great job athletes!

## Upcoming Meets

<i>Date</i>	<i>Meet</i>	<i>Entry</i>	<i>Deadline</i>
Jul 6-8	Lakeside Invite		Closed
Jul 13-16	Speedo Sectionals		Closed
Jul 14-16	WI LSC Regionals		Closed
Jul 21-23	12&U State		7/16
Jul 25	Conference Champs		7/20
Jul 27-30	13&O State		7/16
Jul 31-4	Junior Nationals		7/24
Aug 3-6	14&U Zones		7/30
Oct 13-15	OZ Swim Your Own Age		TBA
Nov 5	SEA Pentathlon		TBA

## Incentive Program for Key Roles

In an effort to ensure our hosted meets and fundraising continue to run smooth, we will begin incentivizing key positions; these positions include head official, meet director, concessions & hospitality lead (this is one position) and AO (administrative official).

These key roles will have their escrow accounts credited \$100 for each session they attend in their capacity (fundraising lead will be credited \$250 per season).

At this time, we have parents slotted into all positions except concessions & hospitality lead. If you are interested in learning more about this position, please contact Coach Neil.

We are always looking at training the next generation of parents so if anyone is interested in learning about any of these positions prior to a spot opening, please do reach out to Coach Neil.

## SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage ([www.sea-y.org/scrip](http://www.sea-y.org/scrip)) - you can also read about PrestoPay on that page too.

Your order can be placed at [www.shopwithscrip.com](http://www.shopwithscrip.com) by use the SEA enrollment card (please email Coach Neil at [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com) for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

### Order Dates for Spring & Summer

<i>Order By</i>	<i>Delivery On</i>
TBA	TBA

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com).

## Off-Season Training (OST)

OST will be offered between the end of the Spring & Summer Season and the beginning of the Fall & Winter Season.

OST is an opportunity for our athletes to "bridge the gap" between seasons. It allows them to keep a feel for the water during the off-season and gives them an opportunity to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for five weeks (Monday-Wednesday, July 31-August 30) and will be led by Coach Joanna.

Gold and Senior will swim 8:00-9:30 AM and Bronze and Silver will 9:30-10:30 AM with each week covering starts, breakouts, turns, and finishes for one stroke (the order by weeks is Free, Back, Breast, Fly, IM).

The cost for Gold and Senior is \$150 for all five weeks or \$30 per week.

The cost for Bronze and Silver is \$100 for all five weeks of \$20 per week.

To sign-up simply email Coach Neil and forward payment to Coach Joanna (cash/check payable to SEA) when you attend the first practice. Take advantage!

All practices will be held at the outdoor SCJ Community pool and all participants will need a membership (\$19 for Racine County residents, \$29 for all others). There will be no refunds or "make-up days" for inclement weather/canceled practices.

Bronze & Silver: Ciara Fahy

Gold & Senior: Aisling Fahy, Ryan McGillis, Ethan Bergman, Caleb Bergman

### July Birthdays

Hugo Arteaga, Ethan Eckel, Ciara Fahy, Julie Horton, Luiza Jaime, Madhura Patil, Evan Steenrod, Matthew Thornton, Rhegan Weidner.

### Extended Calendar

#### July

- 13-16 Speedo Sectionals
- 14-16 WI LSC Regionals
- 21-23 12&U State
- 26 Final practice of the season
- 27-30 13&O State
- 31-4 Junior Nationals

#### August

- 3-6 14&U Zones
- 8 Girls High School swim begins
- 10 Annual Team Banquet

#### September

- 18 Tryouts for new members
- 19 First day of practice for Fall & Winter

### F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
  - a. Coach Neil
  - b. \$20 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
  - a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
  - a. Bronze and Silver = 2-3

b. Gold = 4-5

c. Senior = 5-6

- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
- 6) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

***Caring \* Honesty  
Respect \* Responsibility  
Build \* Promote \* Achieve***