

Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

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TEAM SEA's Mission:

To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.

July 20, 2023

Neil's Notes

Good luck to our athletes racing in 12&U State this weekend at the RecPlex! Read about your warm-up times in the next session of this newsletter.

Tomorrow is your last chance to sign-up to race in Tuesday's Conference Champs meet in Lake Geneva. The theme of the meet is heroes and villains. Send me an email if you would like your swimmer entered.

Our annual banquet is scheduled for Thursday, August 10 at Infusino's Banquet Hall in Racine. More information will be emailed soon and all swimmers who were on the team in the Fall & Winter and this Spring & Summer are welcome to attend!!

The final practice of the season will take place on Wednesday, July 26! You can take advantage of OST in the month of August, otherwise our Fall & Winter Season is scheduled to begin on Tuesday, September 19.

Please ensure your swimmers YMCA membership is current. Stop by the Image Management Family YMCA (8501 Campus Drive) Welcome Center Desk to sign-up if you have not done so or call 262.634.1994. Thank you.

If you have a Facebook account, please considering joining TEAM SEA. We use Facebook to send out reminders and post pics from the meets and events we attend. Joining will help you stay in the loop with all things TEAM SEA related.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam) and Facebook (SEA Swim Team - this page is set to private and you'll need to request to join).

12&U State Meet Information

This weekend we'll be racing at the RecPlex in Pleasant Prairie during this summer's 12&U State Championships.

Friday PM warm-ups (11-12) will take place in lane 10, 1:55-2:20 PM. The meet begins at 2:30 PM and is scheduled to end at 4:04 PM.

Saturday AM warm-ups (10&U) will take place in lane 9, 8:00-8:25 AM. The meet begins at 9:00 AM and is scheduled to end at 11:57 AM.

Saturday PM warm-ups (11-12) will take place in lane 10, 12:35-1:00 PM. The meet begins at 1:15 PM and is scheduled to end at 2:47 PM.

Sunday AM warm-ups (10&U) will take place in lane 8, 8:00-8:25 AM. The meet begins at 9:00 AM and is scheduled to end at 11:43 AM.

Sunday PM warm-ups (11-12) will take place in lane 10, 12:25-12:50 PM. The meet begins at 1:00 PM and is scheduled to end at 2:54 PM.

Drive safe, swim fast, have fun!

13&O State Meet Information

13&O State will be held in Brown Deer, July 27-30. More information will be available next week.

Jr. National Championships Meet Information

Junior Nationals will be held in Irvine, CA, July 31-August 4. More information will be available next week.

Regional Recap & Highlights

Outstanding efforts during Regionals last weekend. As a team we finished with 76% best times (53 of 70 swims) and only one DQ (Butterfly).

Congratulations to Ale Arteaga on her four new State qualifying times: 200 IM, 400 Freestyle, 50 Backstroke, and 100 Breaststroke. Ale also finished in 2nd place for the 11-12 Girls Highpoint race (106-points).

Notching some of the fastest times in our team's history included Jordan Borzynski 9-10 4th 200 Freestyle, 6th 50 Butterfly, 6th 200 IM, Nathan Breit 15-16 7th 200 Backstroke, and Jorja

Makovsky 17-18 6th 1500 Freestyle, 7th 800 Freestyle.

Dropping five or more seconds in a single event were Ale Arteaga -9.11 400 Freestyle, Rylie Bergemann -11.82 400 IM, Jordan Borzynski -7.61 200 IM, Lindsey Hohnl -7.60 400 Freestyle, and Molly Staniger -8.16 50 Freestyle.

Posting 100% best times included Ale Arteaga, Matilda Gutjahr, Lindsey Hohnl, Adriana Hotchkiss, Jorja Makovsky, and Molly Staniger.

Gold Medalist: Ale Arteaga, Matilda Gutjahr

Silver Medalist: Ale Arteaga, Nathan Breit, Lindsey Hohnl, Ryan McGillis

Bronze Medalist: Ale Arteaga, Nathan Breit

Way to go athletes!

Speedo Sectionals Recap & Highlights

TEAM SEA struggled with our best time percentage in Iowa at last week's Speedo Sectionals notching 26% (6 of 23 swims) and one DQ (IM), but there were some notable highlights.

Congratulations to Jack Borzynski on his YMCA National qualifying time in the 100 Butterfly, 59.75.

Hugo Arteaga broke two 17-18 team records. 100 Freestyle 53.49 (old record was held by Brian Michalowski, 53.68 from 1994 and 50 Freestyle 24.69 (old record was held by Brian Michalowski, 24.71 from 1994).

Posting some of the fastest times in our team's history were Hugo Arteaga 17-18 3rd 200 Freestyle, 8th 100 Backstroke, 2nd 100 Butterfly, Jack Borzynski 15-16 3rd 200 Butterfly, 3rd 100 Butterfly, Brady Moore 15-16 7th 100 Freestyle, and Mac Thomas 17-18 4th 100 Backstroke.

Brady Moore dropped 15.81-seconds in the 200 Freestyle.

13&O State is up next!

Upcoming Meets

<i>Date</i>	<i>Meet</i>	<i>Entry Deadline</i>
Jul 21-23	12&U State	Closed
Jul 25	Conference Champs	7/21
Jul 27-30	13&O State	Closed
Jul 31-4	Junior Nationals	Closed
Aug 3-6	14&U Zones	7/30
Oct 13-15	OZ Swim Your Own Age	TBA
Nov 5	SEA Pentathlon	TBA

Incentive Program for Key Roles

In an effort to ensure our hosted meets and fundraising continue to run smooth, we will

begin incentivizing key positions; these positions include head official, meet director, concessions & hospitality lead (this is one position) and AO (administrative official).

These key roles will have their escrow accounts credited \$100 for each session they attend in their capacity (fundraising lead will be credited \$250 per season).

At this time, we have parents slotted into all positions except concessions & hospitality lead. If you are interested in learning more about this position, please contact Coach Neil.

We are always looking at training the next generation of parents so if anyone is interested in learning about any of these positions prior to a spot opening, please do reach out to Coach Neil.

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Spring & Summer

<i>Order By</i>	<i>Delivery On</i>
TBA	TBA

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

Off-Season Training (OST)

OST will be offered between the end of the Spring & Summer Season and the beginning of the Fall & Winter Season.

OST is an opportunity for our athletes to “bridge the gap” between seasons. It allows them to keep a feel for the water during the off-season and gives them an opportunity to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for five weeks (Monday-Wednesday, July 31-August 30) and will be led by Coach Joanna.

Gold and Senior will swim 8:00-9:30 AM and Bronze and Silver will 9:30-10:30 AM with each week covering starts, breakouts, turns, and finishes for one stroke (the order by weeks is Free, Back, Breast, Fly, IM).

The cost for Gold and Senior is \$150 for all five weeks or \$30 per week.

The cost for Bronze and Silver is \$100 for all five weeks of \$20 per week.

To sign-up simply email Coach Neil and forward payment to Coach Joanna (cash/check payable to SEA) when you attend the first practice. Take advantage!

All practices will be held at the outdoor SCJ Community pool and all participants will need a membership (\$19 for Racine County residents, \$29 for all others). There will be no refunds or “make-up days” for inclement weather/canceled practices.

Bronze & Silver: Ciara Fahy

Gold & Senior: Aisling Fahy, Ryan McGillis, Ethan Bergman, Caleb Bergman, Walter Olinski

July Birthdays

Hugo Arteaga, Ethan Eckel, Ciara Fahy, Julie Horton, Luiza Jaime, Madhura Patil, Evan Steenrod, Matthew Thornton, Rhegan Weidner.

Extended Calendar

July

21-23 12&U State
26 Final practice of the season
27-30 13&O State
31-4 Junior Nationals

August

3-6 14&U Zones
8 Girls High School swim begins
10 Annual Team Banquet

September

18 Tryouts for new members
19 First day of practice for Fall & Winter

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$20 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - a. Email Coach Neil and let him know you would like your swimmer entered in “x” meet (please indicate what days of meet if it takes place on multiple days)
- 3) I’m new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- 4) I’m not receiving emails; how can I be placed on the email list? Contact Coach Neil and he’ll be happy to add your email address to the list.
- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
- 6) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

***Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve***