17th Annual Penguin Challenge Presented by Southeastern Aquatics Racine Family YMCA Swim Team January 14-15, 2023 WI LSC Approval # 2023-

Entry window opens Monday, December 5, 2022 for the WI LSC. Entry window opens Monday, December 7, 2022 for all other LSCs.

Meet Director: Amy Bergman 262.705.6169 bergman_family@att.net Entries: Neil Wright 262.994.3157 south.eastern.aquatics@gmail.com Location: **Racine Aquatic Center** 7567 Washington Avenue Racine, Wisconsin 53406 **Eligibility:** Both USA Swimming and YMCA athletes may participate in the meet. USA Swimming deck registrations will not be accepted. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Format of Meet: Timed final with all events pre-seeded slow to fast. Heats/events may be combined. Breaks may be added after entries are received. Volunteers: Teams attending may be required to supply meet volunteers during this event. Requirements (if any) will be posted on the meet landing page www.sea-y.org/penguin-challenge and emailed. Facility: The ten-lane pool is 25-yards with non-turbulent lane markers and backstroke flags. Pool depth at starting end is 7-feet and the turn is 7feet with a block height of 29.5-inches (the competition course has not been certified in accordance with 104.2.2(4). Warm-ups: Saturday and Sunday, warm-ups begin at 8:00 AM. Meet begins at 9:05 AM. Estimated meet timeline will be available on the SEA website at www.sea-y.org/penguin-challenge. Timing System: A fully automatic Colorado timing system with two manual back-up buttons and two back-up timers for each lane will be used. If the automatic system fails, a gun or horn start will be used. General Rules: Official 2023 USA Swimming and WI LSC rules shall prevail at this meet.

| | Age as of January 14, 2023. In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming Inc. will be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet. |
|-------------------|--|
| Entry Deadline: | January 8, 2023 (include entry file and PDF of entries). Forward waiver and payment on the day of the meet (or mail prior if you prefer) to: Neil Wright 3210 96 th Street Sturtevant, Wisconsin 53177 |
| Entry Fees: | \$6.00 per event, \$10.00 admission fee, \$4.00 WI LSC Splash Fee, \$10.00 RAC fee. Check payable to "SEA." |
| Entry Limit: | Participation is limited to a maximum of eight events (four per day). |
| Disabled Swimmers | Coaches are encouraged to inform Officials and the Meet Director of any disabled swimmer's needs prior to warm-ups. |
| MAAPP: | Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet. A registered athlete member at a sanctioned/approved meet who is 18 years of age or older, who had not completed the Athlete Protection Training (APT) by the date of the swim, will not be able to upload into SWIMS. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1. |
| Deck Entries: | Available in open lanes only until 8:30 AM each morning. \$10 per event. |
| Coaches: | Coaches may pick-up heat sheets, submit waivers, and pay entry fees in the office. Coaches will confirm their current coaching status via the Deck Pass Plus App. |
| Awards: | Heat Winner: Penguin Challenge Bag Tags 1 st -16 th for 12&U events (will be bagged by team for pick-up). |
| Heat Sheets: | Available for free on the meet landing page, <u>www.sea-y.org/penguin-challenge</u> . |
| Admissions: | Included with entry fee. |
| Concessions: | May or may not be available depending on the size of the meet. |
| Conduct: | All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer from the meet for any violation such as improver behavior, damage to property, etc. No smoking on the premises. Please encourage your swimmers to clean up after themselves. |

| | Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Flash photography and photography from behind the starting blocks is prohibited at the start of each race. Operation of a drone, or any other flying apparatus, is prohibited over the competition venue. This includes pools, athlete and coaches' areas, sitting areas, and open ceiling locker rooms anytime athletes, coaches, and/or officials are present. Exceptions may be granted with prior approval by the Program Operations Vice Chair (103.13M/Drones). | | |
|-----------------|---|--|--|
| First Aid: | Report injuries to the Lifeguard and Meet Director. First Aid kit is located at the lifeguard stand. | | |
| Lost and Found: | An area for lost and found will be designated at the meet. After the meet, lost and found items will be donated to charity. | | |
| Meet Results: | Will be posted on the meet landing page, www.sea-y.org/penguin-challenge. | | |
| Officials: | Meet Official: Jose Arteaga, <u>joseharteaga@gmail.com</u> , 773.469.2241 Admin Official: Pat Lewno, <u>plewno@gmail.com</u> , 262.637.2913 | | |

17th Annual Penguin Challenge January 14-15, 2023 Event Order

Saturday

| Girls | Event Description | Boys |
|-------|-------------------|------|
| 1 | Open 200 IM | 2 |
| 3 | Open 100 Back | 4 |
| 5 | 12&U 25 Free | 6 |
| 7 | Open 50 Fly | 8 |
| 9 | Open 200 Breast | 10 |
| 11 | 12&U 25 Back | 12 |
| 13 | Open 100 Free | 14 |
| 15 | Open 50 Breast | 16 |
| 17 | Open 100 Fly | 18 |
| 19 | Open 500 Free | 20 |

Sunday

| Girls | Event Description | Boys |
|-------|-------------------|------|
| 21 | Open 100 IM | 22 |
| 23 | Open 200 Back | 24 |
| 25 | 12&U 25 Breast | 26 |
| 27 | Open 200 Fly | 28 |
| 29 | Open 100 Breast | 30 |
| 31 | 12&U 25 Fly | 32 |
| 33 | Open 50 Free | 34 |
| 35 | Open 200 Free | 36 |
| 37 | Open 50 Back | 38 |
| 39 | Open 400 IM | 40 |

Waiver and Summer Entry Form

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our/theirs, administrators and assignees, waive and release any and all claims against Southeastern Aquatics Racine Family YMCA Swim Team, Racine Aquatic Center, RUSD, WI Swimming, USA Swimming, and their staffs for injuries and/or expenses incurred by me/us at this meet, or while on the road, to and from this event. I/We are bona fide amateur athletes and eligible to complete in all events I/we have entered.

1. Email/Mail completed waiver and entry file to entry chair or hand deliver on the day of the meet.

| Team name: | Code: | | | |
|--|--------|--|--|--|
| Signature of Club Official, Parent, or Guardian | | | | |
| Name: | Title: | | | |
| Entry Fee Recap: | | | | |
| Total individual events x \$6.00 = | | | | |
| Total number of swimmers x \$10.00 (Admission Fee | 2) = | | | |
| Total number of swimmers x \$4.00 (WI LSC Splash F | ee) = | | | |
| Total number of swimmers x \$10.00 (RAC User Fee) | = | | | |
| Make checks payable to: "SEA" Your Check Number Is Total entry fee = | | | | |