Serpent Times newsletter for Southeastern Aquatics Racine Family YMCA Swim TEAM est. 1984



TEAM SEA's Mission: To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.

April 20, 2023

Neil's Notes

Welcome back! It was a quick break, but it's great to be walking the deck again coaching some the best kids in southeastern Wisconsin.

With all Spring & Summer Seasons, we hit the ground running ... please take a moment and carefully read the following updates so you are "in the know" in regard to what's happening here at TEAM SEA.

- We are moving to a new registration platform and we hope to roll it out by the end of next week. We feel you will be happy with this change and can't wait to forward you the link. In the meantime, please continue attending practice and we will email all members when they can register. Thank you for your patience.
- 2) We are hosting our first of three meets on May 6-7 in Brown Deer ... 14th Annual Early Bird. All swimmers are encouraged to attend; entries are due 4/27. Send me an email if you want your swimmer(s) entered in the meet.
- 3) This summer our YMCA is not running the SCJ Community pool and all Senior swimmers planning on attending morning practices will have to purchase a season pass (\$19 for Racine County residents, \$29 otherwise). Season passes can be purchased online at the Racine County website or in person at the facility. Morning practices are scheduled to begin Monday, June 10.
- 4) We have hired a new coach! Parker Palermo has joined our coaching ranks and will float between Bronze and Silver during our first hour of practice and will be our assistant Senior coach. We are lucky to have

him on deck and look forward to his development as a strong SEA coach! Please remember to "stay in your lane" as we progress through the season. A parent's job is to love, support, and transport. A swimmer's job is to swim and a coach's job is to coach. We all work together in unison to provide the best possible environment for our athletes to succeed and excel at this amazing sport. Additionally, parents and family members are welcome to view all practices from the balcony at the RAC; please do not sit on deck during practices.

Finally, you should never be confused about anything involving TEAM SEA. I'm just a call, text, or email away. Please use me as your swimming resource. I'm happy to help any way I can.

If you have a Facebook account, please considering joining TEAM SEA. We use Facebook to send out reminders and post pics from the meets and events we attend. Joining will help you stay in the loop with all things TEAM SEA related.

I can be reached at 262.994.3157 or <u>south.eastern.aquatics@gmail.com</u>. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam) and Facebook (SEA Swim Team - this page is set to private and you'll need to request to join).

Upcoming Meets

Date	Meet Entry De	adline	
May 6-7	SEA Early Bird	4/27	
May 13	NBSC Open	4/26	
May 21	Conference Meet	TBA	
Jun 2-4	SEA Pirate Plunge	5/25	
Jun 11	Conference Meet	TBA	
Jun 23-24	SEA Summer Sizzler	6/15	
Jun 23-25	WGLO Invite	TBA	
Jun 29	Open Water State	TBA	
Jun 30	Conference Meet	TBA	
Jul 6-8	Lakeside Invite	TBA	
Jul 13-16	Speedo Sectionals	TBA	
Jul 14-16	12&U State	TBA	

Jul	25	Conference Champs	TBA
Jul	27-30	13&O State	TBA
Jul	31-4	Junior Nationals	TBA
Aug	3-6	14&U Zones	TBA

YMCA State Highlights & Recap

We placed 9th of 22 teams scoring 1,390-points and posted 59% best times (89 of 152 swims) during last weekend's YMCA State meet.

New team records set during the threeday meet:

Mac Thomas, Senior 50 Freestyle, 23.61 (broke her own record of 23.62 set in 2021)

Mac Thomas, 15-16 200 Breaststroke, 2:22.41 (broke Megan Schultz's record of 2:22.57 set in 2020)

Jack Borzynski, 13-14 500 Freestyle, 4:56.69 (broke Nathan Mudry's record of 4:57.44 set in 2019)

New YMCA National qualifying times were achieved by Zoe D'Alessandro in the 100 Breaststroke and Mac Thomas, Hannah Scherwinski, Callie Klepp, Sofia Badillo in the 200 Freestyle Relay.

We had 12 YMCA State Champions this season:

Hugo Arteaga, Open 200 Butterfly, 1:57.12

Jack Borzynski, 13-14 100 Freestyle, 48.86

Jack Borzynski, 13-14 200 Freestyle, 1:48.80

Jack Borzynski, 13-14 500 Freestyle, 4:56.69

Evan Steenrod, 9-year-old 50 Backstroke, 38.42

Evan Steenrod, 9-year-old 100 Backstroke, 1:20.26

Mac Thomas, Open 100 Breaststroke, 1:04.25

Logan Walker, 10-year-old 200 Freestyle, 2:49.46

Harrison Yanke, 7&U 25 Breaststroke, 21.89

Harrison Yanke, 7&U 50 Freestyle, 36.30 Harrison Yanke, 7&U 50 Breaststroke, 49.52

Vivienne Yanke, 10-year-old 100 Butterfly, 1:24.45

Silver medalist included:

Jack Borzynski, 13-14 100 Butterfly, 54.63

Jordan Borzynski, 10-year-old 100 Freestyle, 1:12.83

Ireland Byrne, 9-year-old 100 Butterfly, 1:32.68

Ireland Byrne, 9-year-old 50 Butterfly, 39.26

Matilda Gutjahr, 7&U 50 Breaststroke, 1:01.71

Levi Jansen, 12-year-old 100 Butterfly, 1:23.58

Zack Kopsea, Open 400 IM, 4:21.12

Evan Steenrod, 9-year-old 50 Freestyle, 32.20

Evan Steenrod, 9-year-old 100 Freestyle, 1:11.78

Even Steenrod, 9-year-old 200 Freestyle, 2:38.72

Evan Steenrod, Logan Walker, Jordan Borzynski, David Binder, 9-10 200 Medley Relay, 2:38.57

> Mac Thomas, Open 50 Freestyle, 23.88 Harrison Yanke, 7&U 25 Freestyle, 17.71

> Harrison Yanke, 7&U 25 Butterfly, 21.45

Vivienne Yanke, 10-year-old 200 IM, 2:55.14

Bronze medalist included:

Hugo Arteaga, Open 200 Freestyle, 1:45.70

Hugo Arteaga, Zack Kopsea, Jack Borzynski, Andy Krug, 200 Medley Relay, 1:37.97

Jordan Borzynski, 10-year-old 50 Backstroke, 36.28

Mac Thomas, Zoe D'Alessandro, Sofia Badillo, Hannah Scherwinski, Open 200 Medley Relay, 1:50.12

Posting some of the fastest times in our team's history were: Vivienne Yanke (9-10 8th 100 Breaststroke, 5th 100 Butterfly, 6th 200 IM), Hannah Scherwinski (17-18 10th 50 Freestyle, 9th 200 Freestyle, 3rd 500 Freestyle, 9th 100 Breaststroke, 5th 200 Breaststroke, Senior 5th 500 Freestyle), Mac Thomas (15-16 3rd 100 Freestyle, Senior 5th 100 Freestyle, 2nd 200 Breaststroke), Sofia Badillo (17-18 3rd 100 4^{th} Backstroke. 200 Backstroke). Zoe D'Alessandro (17-18 3rd 100 Breaststroke, 3rd 200 Breaststroke, Senior 5th 100 Breaststroke), Callie Klepp (15-16 6th 100 Breaststroke, Senior 7th 100 Breaststroke), Harrison Yanke (8&U 8th 25 Breaststroke, 3rd 50 Breaststroke), Evan Steenrod (9-10 8th 100 Backstroke), Jack Borzynksi (13-14 3rd 100 Freestyle, 3rd 200 Freestyle, 2nd 100 Butterfly, 3rd 200 Butterfly, Senior 8th 500 Freestyle), Brady Moore (15-16 5th 100 Freestyle, 6th 200 Freestyle), Hugo Arteaga (15-16 4th 200 Freestyle, 2nd 100 Backstroke, Senior 5th 200 Freestyle, 3rd 100 Backstroke), and Zack Kopseae (17-18 6th 100 Breaststroke, 5th 200 Breaststroke, 6th 400 IM, Senior 7th 100 Breaststroke, 6th 400 IM).

Achieving 100% best times in their races were Ale Arteaga, David Binder, Mac Carlson, Jessica Gonzalez, Matilda Gutjahr, Ella Kirchenberg, Sophia Marini, Brennan Meyer, Arya Morey, Zosia Spicka, and Molly Warren.

Dropping five or more seconds in a single event included: Rylie Bergemann -10.51 500 Freestyle, Jack Borzynski -16.16 500 Freestyle, Max Carlson -5.56 200 Backstroke, Adriana Hotchkiss -9.54 100 Breaststroke, Levi Jansen -9.80 200 IM, Sophia Marini -23.87 500 Freestyle, Brennan Meyer -6.57 200 Breaststroke, Brady Moore -5.21 200 Freestyle, Zack Steenrod -7.36 200 Freestyle, Logan Walker -12.08 200 Freestyle, and Molly Warren -5.58 200 Breaststroke.

Congratulations to all the athletes who raced last weekend and good luck to our swimmers moving on to YMCA Nationals in Greensboro, NC (April 3-7).

YMCA Nationals Highlights & Recap

As with most YMCA Nationals, there are highs and lows. Y-Nats is a grind of a meet with Prelims, Time Trials, and then Finals for five straight days. Our athletes did a great job and our parents support of their swimmers is always superb. When the waves settled here in Greensboro, NC TEAM SEA scored 22-points and finished tied for 52nd out of 200+ teams in attendance this year. Results for all our athletes are below and here are the highlights ... (congratulations to all our athletes who attended YMCA Nationals this year)! New Team Records Mac Thomas, Open 50 Freestyle, 23,55 (broke her own team record from YMCA State of this vear. 23.61) Mac Thomas, Open 100 Breaststroke, 1:03.09 (broke Megan Schultz's team record from 2021, 1:03.98Mac Thomas, Open 200 Breaststroke, 2:20.10 (broke Megan Schultz's team record from 2021, 2:20.34) Hugo Arteaga, 15-16 50 Freestyle, 21.16 (broke his own team record from 2022, 21.29) Hugo Arteaga, Open 200 Freestyle, 1:42.31 (broke Scott Bell's team record from 1992, 1:42.90Hugo Arteaga, 15-16 100 Butterfly, 48.79 (broke his own record from YMCA Nationals last vear. 50.10) Hugo Arteaga, Open 100 Freestyle, 46.07 (broke his own record from early this season, 46.54) Jack Borzynski, 13-14 200 IM, 2:01.83 (broke Jacob Trask's team record from 2017, 2:01.86)

Top Ten Times in Our Team's History Zoe D'Alessandro, 3rd 17-18 100 Breaststroke, 1:07.55 Mac Thomas. 2nd 17-18 100 Freestyle. 53.12 Sofia Badillo, 3rd 17-18 200 Backstroke, 2:13.57 Jack Borzynski, 2nd 13-14 200 Freestyle, 1:47.08 Jack Borzynski, 2nd 13-14 100 Butterfly, 54.37 **YMCA National Results** GIRLS 50 Freestyle - 19. Mac Thomas, 23.55. 100 Breaststroke - 10. Thomas, 1:03.09; 70. Zoe D'Alessandro, 1:07.55. 200 Breaststroke - 14. Thomas, 2:20.10. 200 Freestyle Relay - 50. Thomas (24.05), Hannah Scherwinski (25.43), Callie Klepp (24.89), Sofia Badillo (25.57), 1:39.94. 200 Medley Relay - 56. Thomas (27.58), D'Alessandro (30.56),Badillo (27.53),Scherwinski (25.20), 1:50.72. BOYS 50 Freestyle - 37. Hugo Arteaga, 21.20. 200 Freestyle - 32. Arteaga, 1:42.31. 100 Butterfly - 7. Arteaga, 48.79. 200 Butterfly - 38. Arteaga, 1:55.65. 200 Freestyle Relay - DQ., Arteaga (21.16), Andy Krug (22.61), Jack Borzynski (22.49), Zack Kopsea (23.13). 200 Medley Relay – 63. Arteaga (23.98), Kopsea (28.08), Borzynski (24.71), Krug (22.98), 1:39.75. YMCA National Time Trial Results GIRLS 100 Freestyle - 6. Mac Thomas, 53.12. 200 Freestyle - 50. Hannah Scherwinski, 1:59.90. 200 Backstroke - 22. Sofia Badillo, 2:13.57. 100 Backstroke - 23. Scherwinski, 1:02.57. 100 Breaststroke - 12. Callie Klepp, 1:08.78. 200 Breaststroke - 7. Zoe D'Alessandro, 2:28.91. BOYS 50 Freestyle - 72. Andy Krug, 23.40. 100 Freestyle - 1. Hugo Arteaga, 46.07; 61. Krug, 51.12. 200 Freestyle - 28. Jack Borzynski, 1:47.08. 100 Breaststroke - 23. Zack Kopsea, 1:03.00. 200 Breaststroke - 35. Kopsea, 2:17.63. 100 Butterfly - 50. Borzynski, 54.37; 102. Krug, 59.79. 200 IM - 45. Borzynski, 2:01.83.

Hotel Information for Lakeside Invite, 7/6-8

We will be attending the Lakeside Invite again this summer. The meet takes place in Kentucky at the Lakeside Swim Club facility (it's an outdoor facility with the competition pool located in a closed quarry).



As usual, hotels are difficult to come by (this summer there's a major volleyball and baseball tournament taking place on the same weekend we will be racing). After Coach Neil spoke with a few group reservation representatives, they seem to feel rooms will free up a week or two out of our arrival as many teams over reserve their needs.

However, we did secure a block of ten rooms at the Drury Inn & Suites located 7.2miles/14-minutes from the venue. All rooms are double queen and the hotel offers complimentary hot breakfast and dinner/drinks.

If you are planning on attending this meet, you can reserve a room by visiting the link below.

Once all rooms are secured, please try and contact the hotel directly to see if you can secure a room (Coach Neil was able to pick-up a room on 1/25 without issue – reserved online at hotels website).

The hotel address is 9501 Blairwood Road, Louisville. Phone is 502.326.4170. Hope to see you there!

https://www.druryhotels.com/bookandstay/ne wreservation/?groupno=10051888

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage (www.seay.org/scrip) - you can also read about PrestroPay on that page too.

order placed Your can be at www.shopwithscrip.com use by the SEA enrollment cord (please email Coach Neil at south.eastern.aguatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Spring & Summer

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Order By	Delivery On	
May 7	May 11-12	
June 4	June 8-9	
July 2	July 6-7	

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at <u>south.eastern.aquatics@gmail.com</u>.

13&O Training Trip

Every two year's all athletes 13&O are extended the opportunity to attend a week-long training trip with their teammates and TEAM SEA.

Our next trip will take place in June of 2023, 9th-16th. A minimum of 12 athletes must attend this trip for it to take place. Athletes interested in attending include: Rylie Bergemann, Sophia Marini, Brady Moore, Lindsey Hohnl, Gabi Peterman, Jack Borzynski, Alice Stratman, Nathaniel Foster, Nicholas Foster, Caleb Bergman, Molly Warren, Evelyn Gutknecht, Noah Fiorentino, Ian Lopez.

The trip has averaged out to \$1000 per swimmer over the years and we usually drive to Panama City Beach, FL. This year's trip is currently sitting at \$1350 (plus expenses for food).

We will also need two chaperones with priority given to those parents who have not had an opportunity to attend. Chaperones to date include Eric Bergemann, John Marini, Ben Foster, Maria Peterman, Sarah Foster.

Please contact Coach Neil if you would like to attend or need more information.

April Birthdays

Juliana Aburto, Jett Adams, David Binder, Greyson Clark, Natalie Deschler, Grayson Kirchenberg, Andy Krug, Solana Malacara, Emma Masaya, Allison Oster, Elliott Oster, Alice Stratman, Kylie Thomas, Amelia Villarreal, Claire Wolfe.

Extended Calendar

<u>April</u> 29	LSC Annual Meeting
<u>May</u>	
6-7	SEA Early Bird
13	NBSC Open
20	Conference Meet
21	Swim for a Cause
29	No practice
<u>June</u>	
2-3	No practice
2-4	Pirate Plunge
9-16	13&O Training Trip
11	Conference Meet
23	No practice
23-24	Summer Sizzler
23-25	WGLO Invite
29	Open Water State
30	Conference Meet
<u>July</u>	
4	No practice
6-8	Lakeside Invite
	Speedo Sectionals
14-16	WI LSC Regionals
21-23	12&U State
27-30	13&O State
31-4	Junior Nationals
3-6	14&U Zones

F.A.Q.

- Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$17 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.

- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
- 6) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

Caring * Honesty Respect * Responsibility Build * Promote * Achieve