

Sprint Time Trials

Thursday, October 30, 2015

Racine Aquatic Center

Here is a great event for all student-athletes to attend! Whether you are a new swimmer and want to get a feel for a “real meet” or if you’re a veteran swimmer and want to see where your times are early in the season, Sprint Time Trials is for you!

This event will be held at the Racine Aquatic Center. Warm-ups begin at 5:30 p.m. Competition will begin at 6:15 p.m. and usually finishes up by 7:15 p.m.

To sign-up your swimmer, simply email Coach Neil at south.eastern.aquatics@gmail.com. The deadline to declare your intention to swim this fun event is 10/29.

A day or two prior to this event, a heat sheet will be posted on the homepage of our website. For those new to competitive swimming, a heat sheet is the meet program listing all swimmers’ events, heats and lanes they will be competing in. An email linking to the heat sheet will be sent as well.

All of our new swimmers will be paired up with an older “meet buddy” who will guide them through this experience and ensure they are where they need to be and when.

All swimmers are encouraged to attend this event. Practice is not offered this evening. Take advantage!

