

Summer Sizzler
Presented by
Southeastern Aquatics
Racine Family YMCA Swim Team
June 24-25, 2022
WI LSC Approval # WI2022-226A

Entry window opens Sunday May 1, 2022.

- Meet Director:** Amy Bergman, bergman_family@att.net, 262.705.6169
- Entries:** Neil Wright, south.eastern.aquatics@gmail.com, 262.994.3157
- Location:** RecPlex Aqua Arena
9900 Terwall Terrace
Pleasant Prairie, Wisconsin 53158
- Eligibility:** This is an approved USA Swimming meet open to all swimmers. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must begin each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's parent/legal guardian to ensure compliance with this requirement.
- All athletes will (or their parent/legal guardian) will complete an electronic waiver prior to the first day of competition. Waiver will be linked on the meet landing page, www.sea-y.org/summer-sizzler.
- Format of Meet:** Time final with all events pre-seeded slow to fast. Heats/events may be combined. Breaks will be added after entries are received.
- Volunteers:** Teams attending may be required to supply meet volunteers during this event. Requirements will be emailed after the host team has entered volunteers into the meet www.sea-y.org/summer-sizzler.
- Facility:** Indoor, 50-meter pool with ten lanes. 7' at the start end and 12" at the turn end. Starting blocks are 29.5" and the competition pool has been certified in accordance with 104.2.2C(4).
- Warm-ups:** Friday & Saturday, warm-ups will begin at 8:00 AM for the 12&U Sessions. Saturday and Sunday Senior Sessions will be developed after the entry deadline and will be available on the meet landing page, www.sea-y.org/summer-sizzler.
- Timing System:** A fully automatic Colorado timing systems with one manual back-up button and one back-up timer for each lane will be used. If the automatic system fails, a gun or horn start will be used.
- General Rules:** Official 2022 USA Swimming and WI LSC rules will prevail at this event. Age as of June 24, 2022. In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming Inc. will be free

from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

- Entry Deadline:** June 19, 2022 (include entry file and PDF of entries). Entry window opens Monday, May 31. Forward waiver and payment on the day of the meet (or mail prior if you prefer) to:
Neil Wright
3210 96th Street
Sturtevant, Wisconsin 53177
- Entry Fees:** \$5.00 per event, \$4.00 WI LSC Splash Fee, \$10.00 admission fee, and \$5.00 RecPlex user fee. Check payable to "SEA."
- Entry Limit:** Participation is limited to a maximum of eight events (four per day).
- Disabled Swimmers:** Coaches are encouraged to inform Officials and the Meet Director of any disabled swimmer's needs prior to warm-ups.
- MAAPP:** Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet. A registered athlete member at a sanctioned/approved meet who is 18 years of age or older, who had not completed the Athlete Protection Training (APT) by the date of the swim, will not be able to upload into SWIMS. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.
- Deck Entries:** Are available in open lanes and close 30-minutes after warm-ups begin.
- Coaches:** Coaches may pick-up heat sheets, submit waivers, and pay entry fees at the timing table. Coaches will confirm their coaching status via the Deck Pass Plus App.
- Awards:** 1st-16th for 12&U events (will be bagged by team for pick-up).
- Heat Sheets:** Will be available on the meet landing page, www.sea-y.org/summer-sizzler.
- Admissions:** Spectators welcome at this event.
- Food:** A small section of items will be available for coaches and officials.
- Conduct:** All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your swimmers to clean up after themselves.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.

- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Flash photography and photography from behind the starting blocks is prohibited at the start of each race.
- Operation of a drone, or any other flying apparatus, is prohibited over the competition venue. This includes pools, athlete and coaches' areas, sitting areas, and open ceiling locker rooms anytime athletes, coaches, and/or officials are present. Exceptions may be granted with prior approval by the Program Operations Vice Chair (103.13M/Drones).

First Aid: Report injuries to the Lifeguard and Meet Director. First Aid kit is located at the lifeguard stand.

Lost and Found: Lost and found will be outside the office. After the meet, lost and found items will be donated to charity.

Meet Results: Will be posted on the meet landing page, www.sea-y.org/summer-sizzler.

Officials: Meet Official: Jose Arteaga, joseharteaga@gmail.com, 773.469.2241
Admin Official: Pat Lewno, plewno@gmail.com, 262.637.2913

Covid Guidelines: **Health Monitoring** – It is expected all swimmers, coaches, officials, and volunteers are covid symptom free and without know contact with someone with covid symptoms or diagnosis with the last two weeks. Please do not attend the meet if you are not feeling well.

COVID -19 RISK ACKNOWLEDGEMENT – In applying for this sanction(ed event), the Host, Southeastern Aquatics agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Wisconsin Swimming, Inc., the State of Wisconsin and the Kenosha County Health Department. We have taken enhanced health and safety measures – for you, the other participants, and meet staff. You must follow all instructions while visiting RecPlex Aqua Arena. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting RecPlex Aqua Arena, you voluntarily assume all risks related to exposure to COVID-19.

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USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing

yourself to and/or increasing your risk of contracting or spreading COVID-19 BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND WISCONSIN LSC AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**Summer Sizzler
Event Order**

Friday 12&U

Girls	Age-Group	Event	Age-Group	Girls
1	12&U	50 Free	12&U	2
3	12&U	100 Back	12&U	4
5	12&U	50 Breast	12&U	6
7	12&U	100 Fly	12&U	8
9	12&U	200 Free	12&U	10
11	12&U	200 Breast	12&U	12
13	12&U	200 IM	12&U	14

Friday Open

Girls	Age-Group	Event	Age-Group	Girls
15	Open	50 Free	Open	16
17	Open	100 Back	Open	18
19	Open	200 Breast	Open	20
21	Open	100 Fly	Open	22
23	Open	200 Free	Open	24
25	Open	400 IM	Open	26

Saturday 12&U

Girls	Age-Group	Event	Age-Group	Girls
27	12&U	100 Free	12&U	28
29	12&U	50 Back	12&U	30
31	12&U	100 Breast	12&U	32
33	12&U	50 Fly	12&U	34
35	12&U	200 Back	12&U	36
37	12&U	200 Fly	12&U	38
39	12&U	400 Free	12&U	40

Saturday Open

Girls	Age-Group	Event	Age-Group	Girls
41	Open	100 Free	Open	42
43	Open	200 Back	Open	44
45	Open	100 Breast	Open	46
47	Open	200 Fly	Open	48
49	Open	200 IM	Open	50
51	Open	400 Free	Open	52

Waiver and Summer Entry Form

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our/theirs, administrators and assignees, waive and release any and all claims against Southeastern Aquatics, Racine Family YMCA, RecPlex Aqua Arena, PX3 Swim Team, WI Swimming, USA Swimming, and their staffs for injuries and/or expenses incurred by me/us at this meet, or while on the road, to and from this event. I/We are bona fide amateur athletes and eligible to complete in all events I/we have entered.

Team name: _____ Code: _____

Signature of Club Official, Parent, or Guardian

Name: _____ Title: _____

Entry Fee Recap:

Total individual events _____ x \$5.00 = _____

Total number of swimmers _____ x \$4.00 (WI LSC Splash Fee) = _____

Total number of swimmers _____ x \$10.00 (Admission Fee) = _____

Total number of swimmers _____ x \$5.00 (RecPlex User Fee) = _____

Make checks payable to SEA. Check number _____ Total entry fee = _____