## YMCA Sectionals

## Quick Details:

Date: March 9-10, 2024
Location: RUSD Aquatic Center
Entry Deadline: Noon, Monday, March 4, 2024
Hosted By: Southeastern Aquatics, Racine Family YMCA Swim Team


Meet Director: Ana Arteaga
Website: sea-y.org/wisconsin-ymca-sectionals

## Meet Timeline

Saturday \& Sunday Sessions:
8:30 a.m. doors open 9:00-10:00 a.m. warm-ups 10:05 a.m. meet begins

## Volunteer Timers

Attending teams may be asked to supply timers to assist in coverage of the lanes. If needed, timing assignments will be posted Tuesday, March 5.

## Location \& Facility

Racine Aquatic Center
7567 Washington Avenue
Mt. Pleasant, Wisconsin 53406
The ten-lane pool is 25 -yards with non-turbulent lane markers and backstroke flags. Pool depth at starting is 7' and turn end is 7' with a block height of 29.5" (the competition course has not been certified in accordance with 104.2.2C(4).

## Contact Information

Meet Director: Ana Arteaga 262.308.4711 anayeliarteaga@gmail.com
Meet Referee: Jose Arteaga 262.664.9741 joseharteaga@gmail.com
Administrative Official: Pat Lewno 262.637.2913 plewno@gmail.com
Entry Chair: Neil Wright 262.994.3157 south.eastern.aquatics@gmail.com

## Athlete Eligibility

YMCA Membership: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA s/he represents for a period of at least 90-days prior to the first day of the meet. An athlete may have only represented that YMCA team in competition for a period of 90 -days prior to the first day of the meet, excluding scholastic competition.

Amateur Status: An athlete may not have represented a college, university or other post high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.

Unattached Athletes: There is no unattached status in YCMA Swimming.

## Regional Procedures and Operations

Rules: The meet will run under YMCA Rules that Govern Competitive Sports, Swimming Addendum to the YMCA rules that Govern Competitive Sports, and USA-S Technical Rules.

Meet Format: The meet will be swum using a Timed Finals format. Swimmer's age will be determined as of December 1, 2023.

## Entry Information

Meet Entry Procedure: YMCA teams will create an entry file in Team Manager or other team management software and email it to south.eastern.aquatics@gmail.com by the entry deadline. Enter in SCY only. After entries are received Monday, Session Reports and Psych Sheet will be created and posted. Teams will have an opportunity to check over their entries Monday-Thursday before the final Session Reports and printable heat sheets are posted Friday afternoon.

Entry Limits: Swimmers can swim eight events (max four events per day).

Entry Fees: Entry fees must be paid when coaches arrive to the meet. Entry fees are $\$ 6.00$ per individual event, $\$ 10.00$ facility user fee, and $\$ 15.00$ admission fee. Check made payable to: SEA. An entry fee report will be posted on Friday after corrections to the entries are made.

Conduct: 1) In accordance with the Federal Video Voyeurism Prevention Act of 2004 the use of camera phones or video recording devices in the locker rooms is prohibited, 2) 2018 Wisconsin and USA Swimming Rules will be used at this meet, 3) Deck Change: changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited, 4) There may not be any shaving at the site, 5) Operation of a drone or any other flying apparatus is prohibited other the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms any time athletes, coaches, officials, and spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

Safer Starts for Flyovers: After the athlete touches the wall at the finish of a race and is waiting for the next heat to start, they should move to a corner of their lane prior to the "take your mark" command.

## Awards and Recognition

Scoring: 16-place scoring will be used. $1^{\text {st }}=20,2^{\text {nd }}=17,3^{\text {rd }}=16,4^{\text {th }}=15,5^{\text {th }}=14,6^{\text {th }}=$ $13,7^{\text {th }}=12,8^{\text {th }}=11,9^{\text {th }}=9,10^{\text {th }}=7,11^{\text {th }}=6,12^{\text {th }}=5,13^{\text {th }}=4,14^{\text {th }}=3,15^{\text {th }}=2,16^{\text {th }}=1$

Awards: All awards will be bagged and available for pick-up at the end of the day Sunday. Awards not picked up will be hand delivered during YMCA State.

Individual awards: Ribbons, $1^{\text {st }}$ through $16{ }^{\text {th }}$

## Insurance, Safety and Emergency Procedures

Insurance: Each association participating in this meet must have insurance coverage for representative(s) including leadership and participants who will be in attendance for the period of the meet.

Emergencies: the facility personnel will handle all emergences at the meet. These individuals will provide CPR and first aid as needed and will ensure individuals with serious injuries are transported immediately to the nearest hospital for further treatment. Defibrillators will be on site. Any coach, athlete or official who recognizes an emergency situation should immediately inform the facility's personnel and then ensure the vicinity of the emergency is clear for emergency personnel to do their job.

Unaccompanied Athlete: Each athlete must have a certified coach responsible for him/her while on the pool deck. The coach of the athlete must authorize in writing a coach from another team to represent their team and be responsible for the swimmer(s).

Concussion Awareness: This meet will follow the YMCA of USA Concussion procedure. Anyone who observes or has knowledge of a potential head injury should immediately notify lifeguards and/or hired medical personnel. Once the injury report is completed, the lifeguard and/or hired medical personnel will notify the event staff, the athlete's coaching staff and the Meet Director. If a head injury occurs, the action plan below will be followed: 1) athlete is removed immediately from participation by the Meet Director, 2 ) athlete must be evaluated by a licensed health care professional experienced in identifying and treating concussions. In addition, the athlete must be in compliance with the laws that are in effect within the jurisdiction where the meet is held, 3) the coaching staff will inform the athlete's parents or guardians about the possible concussion and give or send them the fact sheet on concussion, and 4) the athlete will not be allowed back to warm-up or compete until a health care professional, experienced in evaluating concussions determines the athlete is symptom-free and is okay to return to participation.

Drones: Operation of a drone or any other flying apparatus is prohibited over the venue (pools, athlete/coaches' areas, spectator areas and open ceiling locker rooms) anytime athletes, coaches, officials and/or spectators are present.

## YMCA Sectionals Event Order

| Girls |  | Saturday |  | Boys |
| :---: | :---: | :---: | :---: | :---: |
| Event Number | Age-Group | Event | Age-Group | Event Number |
| 1 | Open | 400 IM | Open | 2 |
| 3 | $11-12$ | 100 IM | $11-12$ | 4 |
| 5 | $9-10$ | 200 IM | $9-10$ | 6 |
| 7 | $8 \& \mathrm{U}$ | 100 IM | $8 \& \mathrm{U}$ | 8 |
| 9 | Open | 100 Freestyle | Open | 10 |
| 11 | $11-12$ | 100 Freestyle | $11-12$ | 12 |
| 13 | $9-10$ | 100 Freestyle | $9-10$ | 14 |
| 15 | $8 \& \mathrm{U}$ | 50 Freestyle | $8 \& \mathrm{U}$ | 16 |
| 17 | Open | 100 Backstroke | Open | 18 |
| 19 | $11-12$ | 50 Backstroke | $11-12$ | 20 |
| 21 | $9-10$ | 50 Backstroke | $9-10$ | 22 |
| 23 | $8 \& \mathrm{U}$ | 25 Backstroke | $8 \& \mathrm{U}$ | 24 |
| 25 | Open | 200 Freestyle | Open | 26 |
| 27 | $11-12$ | 200 Freestyle | $11-12$ | 28 |
| 29 | Open | 100 Butterfly | Open | 30 |
| 31 | $11-12$ | 50 Butterfly | $11-12$ | 32 |
| 33 | $9-10$ | 100 Butterfly | $9-10$ | 34 |
| 35 | $8 \& U$ | 50 Butterfly | $8 \& U$ | 36 |
| 37 | Open | 200 Breaststroke | Open | 38 |
| 39 | $11-12$ | 100 Breaststroke | $11-12$ | 40 |
| 41 | $9-10$ | 50 Breaststroke | $9-10$ | 42 |
| 43 | $8 \& U$ | 25 Breaststroke | $8 \& U$ | 44 |
| 45 | Open | 1000 Freestyle | Open | 46 |


| Girls |  | Sunday |  | Boys |
| :---: | :---: | :---: | :---: | :---: |
| Event Number | Age-Group | Event | Age-Group | Event Number |
| 47 | Open | 500 Freestyle | Open | 48 |
| 49 | $11-12$ | 500 Freestyle | $11-12$ | 50 |
| 51 | $9-10$ | 200 Freestyle | $9-10$ | 52 |
| 53 | $8 \& U$ | 100 Freestyle | $8 \& U$ | 54 |
| 55 | Open | 100 Breaststroke | Open | 56 |
| 57 | $11-12$ | 50 Breaststroke | $11-12$ | 58 |
| 59 | $9-10$ | 100 Breaststroke | $9-10$ | 60 |
| 61 | $8 \& U$ | 50 Breaststroke | $8 \& U$ | 62 |
| 63 | Open | 200 Butterfly | Open | 64 |
| 65 | $11-12$ | 100 Butterfly | $11-12$ | 66 |
| 67 | $9-10$ | 50 Butterfly | $9-10$ | 68 |
| 69 | $8 \& U$ | 25 Butterfly | $8 \& U$ | 70 |
| 71 | Open | 200 IM | Open | 72 |
| 73 | $11-12$ | 200 IM | $11-12$ | 74 |
| 75 | $9-10$ | 100 IM | $9-10$ | 76 |
| 77 | Open | 50 Freestyle | Open | 78 |
| 79 | $11-12$ | 50 Freestyle | $11-12$ | 80 |
| 81 | $9-10$ | 50 Freestyle | $9-10$ | 82 |
| 83 | $8 \& U$ | 25 Freestyle | $8 \& U$ | 84 |
| 85 | Open | 200 Backstroke | Open | 86 |
| 87 | $11-12$ | 100 Backstroke | $11-12$ | 88 |
| 89 | $9-10$ | 100 Backstroke | $9-10$ | 90 |
| 91 | $8 \& U$ | 50 Backstroke | $8 \& U$ | 92 |
| 93 | Open | 1650 Freestyle | Open | 94 |

## Summary Form

Entry Fee Recap:
Total individual events entered in meet $\qquad$ x Individual Entry Fee $(\$ 6.00)=\$$ $\qquad$
Number of swimmers entered in meet $\qquad$ $x$ Admissions Fee $(\$ 15.00)=\$$ $\qquad$

Number of swimmers entered in meet $\qquad$ $x$ Facility User Fee $(\$ 10.00)=\$$ $\qquad$

Make checks payable to SEA. Check number $\qquad$ Total Entry Fee = \$ $\qquad$

